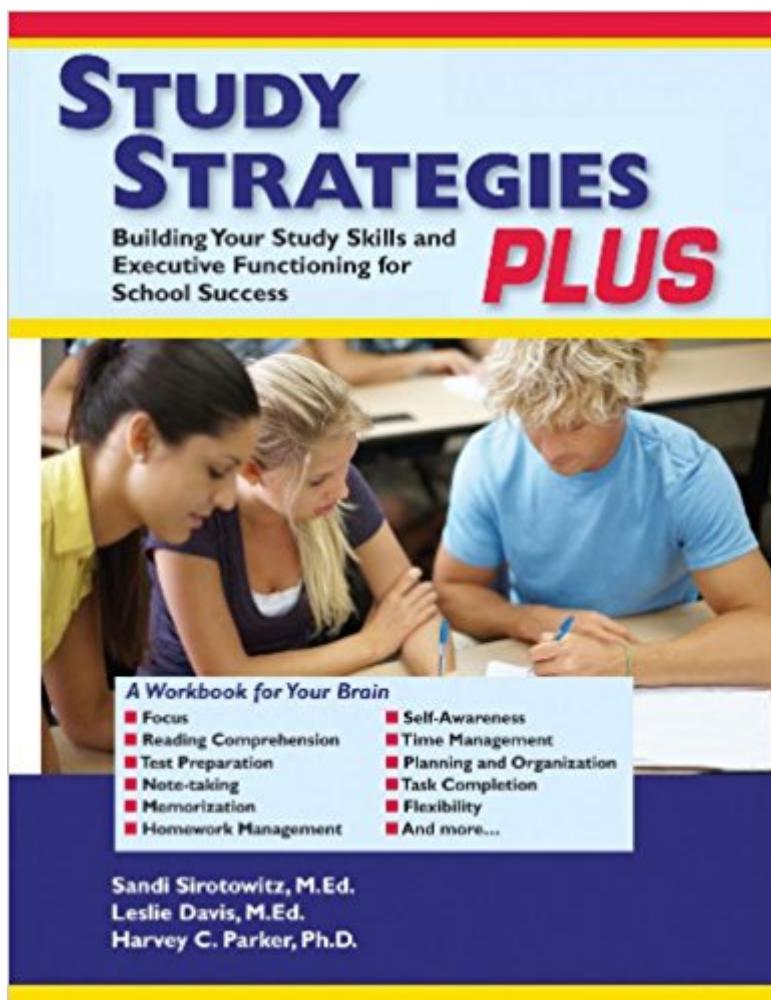


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# Study Strategies Plus: Building Your Study Skills And Executive Functioning For School Success



## **Synopsis**

Designed for students in secondary school, this book of exercises and lessons helps them develop study strategies that include organization, reading comprehension, note-taking skills, and test-taking skills. It first describes the executive functions of the brain—the processes that help people stay organized, manage time, pay attention, plan future behavior, and inhibit behavior; then provides the practical strategies needed to develop those functions. The practical exercises provided help with attention, communication, memory, time management, and self-control; valuable lessons for studying that are essential for proper learning and retention. By improving the way students prepare for school and learn, school success can be achieved.

## **Book Information**

Paperback: 125 pages

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Average Customer Review: 4.6 out of 5 stars 7 customer reviews

Best Sellers Rank: #182,512 in Books (See Top 100 in Books) #24 in Books > Teens > Education & Reference > School & Education #253 in Books > Children's Books > Education & Reference > Study Aids > Children's General Study Aids #284 in Books > Books > Education & Teaching > Studying & Workbooks > Study Skills

Age Range: 12 - 15 years

Grade Level: 7 - 10

## **Customer Reviews**

Sandi Sirotowitz, MEd, is a cofounder of Educational and Diagnostic Services, Inc., and is the coauthor of *Study Strategies for Early School Success*, *Study Strategies Made Easy*, and *Vocabulary Unlimited*. She lives in Newton Center, Massachusetts. Leslie Davis, MEd, is a cofounder of Educational and Diagnostic Services, Inc., a comprehensive learning center based in South Florida. She is the coauthor of *Study Strategies for Early School Success*, *Study Strategies Made Easy*, and *Vocabulary Unlimited*. She lives in Weston, Florida. Harvey C. Parker, PhD, is a clinical psychologist. A cofounder and former executive director of Children and Adults with

Attention Deficit/Hyperactivity Disorder (CHADD), he has been highly involved in the advocacy for better understanding and treatment for children, adolescents, and adults with ADHD. He is the author of The ADHD Hyperactivity Handbook for Schools and The Problem Solver Guide for Students with ADHD, and the coauthor of Study Strategies for Early School Success. He lives in Weston, Florida.

If it were up to me, every student at my high school would have to complete this book with their English teachers. I ordered this book because many of the students at my school read below grade level and need help with organizational and testing skills; it is much better than the other book I purchased. Study Strategies Plus includes help with reading comprehension skills; one of which is summarization. Many students in grades 1-12 as well as adults tend to retell entire stories rather than summarize them in a few statements. If utilized effectively, Study Strategies Plus is a good supplemental resource that can make a difference in students' lives. When you can read, you can do anything.

Good book Like the worksheet

There are a variety of strategies, including assessing how a student learns and where to go with the learning. I like it!

I received this book as a gift and was really skeptical that it could benefit me so I put it off for a while. I picked it up like 2 weeks later and I was shocked. I never write reviews but this book makes me look at studying differently. I feel like I absorb so much more about what I was trying to learn b4. I was never taught how to "study" but there are methods that make it easier to understand and remember what you read and help you organize your studying habits. I would highly recommend.

I can't wait to use this with my college composition students this fall - it will definitely help them make the transition from high school to college with its focus on executive functioning. Students need support with study skills, time management, and follow through, especially as they navigate the first semester of college.

This book is a must-read for students and career-minded individuals who want to sharpen key skills necessary for success. Study Strategy Plus is well written and keeps the reader interested and

focused. The book will help you figure out how to stop falling into the same old traps when preparing for a test or presentation, or when reading for work or school. I highly recommend the book.

As the director of a comprehensive learning center, I have found that Study Strategies Plus is the most essential tool for our instructors to use in helping students. It is a practical, real-life guide to teaching students how to learn.

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